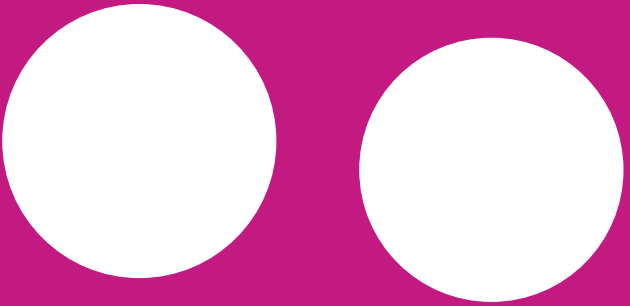


# Safeguarding adults from abuse and neglect



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**Wiltshire Council**

Where everybody matters

# Always remember

You're not alone. There is always support from

- MASH – **0300 456 0111**
- Your GP or local health care
- Police – **101** or **999**

## For more information

Visit the Wiltshire Safeguarding Adults Board website [www.wiltshiresab.org.uk](http://www.wiltshiresab.org.uk) or [www.yourcareyoursupportwiltshire.org.uk](http://www.yourcareyoursupportwiltshire.org.uk)



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# How to report abuse

## To report a crime

In an emergency, call the police on **999**

If the person is not in immediate danger, call the police on **101**

## To report a safeguarding concern or seek advice

The Multi-Agency Safeguarding Hub (MASH) provides support and advice, contact them on

Tel: **0300 456 0111**

Email: **[adviceandcontact@wiltshire.gov.uk](mailto:adviceandcontact@wiltshire.gov.uk)**

Out of hours: **0300 456 0100**

## What happens after abuse is reported?

### Safeguarding professionals are there to:

- Listen to you
- Help you stay safe
- Find out more information
- Give you help and support



# What is safeguarding?

Safeguarding adults means protecting an adult's right to live in safety, free from abuse and neglect.

## Who is an adult at risk?

Adults, anyone over 18 years old. Anyone who has care and support needs. Anyone unable to protect themselves from abuse or neglect.

## What is abuse?

Abuse is defined as any action that intentionally harms or injures another person.

**Abuse can happen anywhere, any time and by anyone.**

- home
- work
- day centre
- hospital
- college
- at a club

Anyone can be an abuser, but it is usually someone known to the adult at risk.



# Types of abuse

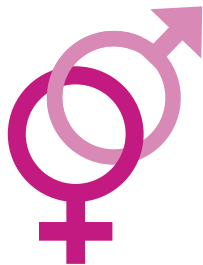
## Physical abuse

When someone injures you for example by hitting or kicking you.



## Sexual abuse

When someone touches you intimately when you don't want them to, makes you touch them or have sexual contact with them.



## Financial abuse/stealing

When someone takes your money or belongings without your consent. When someone takes advantage of you.



## Emotional abuse/bullying

When people say nasty things to you which hurt your feelings or shout at you. They might call you names, laugh at you, threaten you or even ignore you.



## Discrimination

When you are treated unfairly or bullied because of race, sex, disability, or age.



## Neglect

When you are not being looked after properly. Being left hungry, without medication, cold or wearing dirty clothes by those who are meant to be supporting or caring for you.



## What can you do?

**No one should have to live with abuse.**

**Make it stop!  
Report it, and  
bring it to an  
end.**

